

on recognition of Women Scientists in Medicine





# "Women in Medicine: Pioneers of Change"

Organized by

All India Institute of Medical Sciences Rishikesh

under the aegis of

National Academy of Medical Sciences (India)

An autonomous organization under Ministry of Health and Family Welfare (MoHFW), Government of India

Date: August 10th, 2024, Time 09:30 AM - 05:00 PM



Mode - Hybrid

Registration is Mandatory

Venue: Main Auditorium

All India Institute of Medical Sciences Rishikesh



## National Conference on recognition of Women Scientists in Medicine "Women in Medicine: Pioneers of Change"



Date: August 10th, 2024, Time 09:30 AM - 05:00 PM

#### **About AIIMS Rishikesh**

Nestled in the serene beauty of the Himalayas and near the sacred Ganges, the All India Institute of Medical Sciences (AIIMS) Rishikesh was strategically established to address regional healthcare disparities. Inaugurated under the first phase of the Pradhan Mantri Swasthya Suraksha Yojna, AIIMS Rishikesh became an autonomous institution following the All India Institute of Medical Sciences (Amendment) Bill, 2012. AIIMS Rishikesh enrolls 125 MBBS, 100 BSc Nursing, 25 MSc Nursing, 450 MD/MS/MDS, MCh (6 years), 178 DM/MCH, 37 PDCC, 15 MPH, 13 Medical MSc, and 87 Ph.D. students annually, offering a diverse range of medical and allied courses.

Over 200 faculty members mentor these activities. At AIIMS Rishikesh, we are dedicated to attaining global standards in medical education and excelling in public health and research. Our mission is to provide comprehensive, patient-centered healthcare services that are effective, efficient, accessible, acceptable, equitable, and prioritize safety.

We aim to create innovative medical and nursing education models for the holistic development of students and continuous professional growth of our faculty and staff.

By enhancing our institutional impact on healthcare programs, we contribute significantly to the National Health Policy. Our commitment to research excellence drives us to augment capacity, infrastructure, and systems for basic, translational, clinical, and public health sciences, aiding in the fight against public health diseases.



## National Conference on recognition of Women Scientists in Medicine "Women in Medicine: Pioneers of Change"



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### **About NAMS New Delhi**

National Academy of Medical Sciences (NAMS), an esteemed institution is dedicated to advancing medical and social goals through academic excellence. Since its inception, NAMS has played a pivotal role in promoting knowledge dissemination and recognizing exemplary achievements in medicine and allied sciences.

NAMS actively fosters learning through nationwide Continuing Medical Education (CME) programs, symposia, and workshops. A cornerstone of NAMS' mission is its commitment to innovation and outreach. Through initiatives like tele-linkages between medical colleges and collaboration with the National Knowledge Network, NAMS ensures widespread access to cutting-edge medical insights.

The Academy's acclaimed journal, Annals of NAMS, serves as a critical platform for disseminating groundbreaking research and orations by eminent biomedical scientists.

NAMS also honors trailblazers in medicine with Life Achievement Awards and Emeritus Professorships, recognizing their enduring contributions to healthcare. Notable figures, including Dr. APJ Abdul Kalam and Shri Jawahar Lal Nehru, count among NAMS' distinguished Fellows and Honorary Fellows.

Moreover, NAMS continues to expand its influence with new initiatives such as the NAMS-AIIMS Collegium and the establishment of a Centre for Research in Medical Education at AIIMS Jodhpur. These efforts underscore NAMS' ongoing commitment to nurturing future medical leaders and fostering excellence in biomedical research.



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#### Invitation

Dear Colleagues,



With immense pleasure, we welcome you to the **National Conference on "Recognition of Women Scientists in Medicine"** with a theme **"Women in Medicine: Pioneers of Change"**, which shall be held on the 10th of August 2024, from 9:30 AM to 5:00 PM.

This prestigious event will be organized by the All-India Institute of Medical Sciences, Rishikesh, under the aegis of National Academy of Medical Sciences (NAMS) and will take place in the serene city of Rishikesh, Devbhoomi, renowned for its breathtaking beauty, nestled in the foothills of the Himalayas and surrounded by the tranquil waters of the Ganges.

We look forward to your presence and active participation in making this conference a resounding success.

Warm regards,

### Prof (Dr.) Meenu Singh

Executive Director & CEO, All India Institute of Medical Sciences, Rishikesh Organising Chairperson & State Convenor NAMS



### **National Conference** on recognition of Women Scientists in Medicine

"Women in Medicine: Pioneers of Change" Date: August 10th, 2024, Time 09:30 AM - 05:00 PM



### **About the Conference**

The conference aims to address the evolving role of women in medicine, focusing on leadership, work-life balance, and innovative contributions.

This program will provide a unique opportunity to hear directly from women scientists about the challenges they face, their journeys, and aspirations.

The event will focus on overcoming professional barriers and advancing in leadership roles. It will serve as a platform for discussion, knowledge sharing, and collaborative problem-solving, aiming to inspire and empower the next generation of women leaders in medicine.

It will highlight the successes of women leaders, discuss effective leadership styles, and explore ways to cultivate leadership skills. Attendees will gain insights into navigating leadership roles, breaking through glass ceilings, and advocating for gender equity within medical institutions. Discussions will include managing time effectively, dealing with burnout, and finding support systems.

Participants will have the rare opportunity to hear directly from women scientists who will share their personal experiences, including the obstacles they have overcome and their aspirations for the future.



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#### **Who Should Attend**

- Women in Medicine: Female medical professionals at all stages of their careers, including students, residents, fellows, and established practitioners, will benefit from insights into overcoming professional barriers and advancing in leadership roles.
- **Healthcare Leaders:** Administrators, department heads, and other leaders interested in promoting gender equity and supporting the advancement of women in medicine.
- Researchers and Academics: Those engaged in or interested in research related to gender issues in medicine and healthcare.
- Policy Makers: Individuals involved in shaping policies that impact women's roles in the medical field.
- Allies and Advocates: Supporters who are committed to fostering an inclusive environment and advancing women's leadership in healthcare.
- Students and Young Professionals: Emerging leaders who seek inspiration and guidance on navigating their careers and achieving their professional aspirations.

### What You Will Learn

- The conference promises to be a vibrant event with rich learning opportunities and an academic feast, featuring a plethora of scientific sessions by renowned women leaders and experts in our specialty. Attendees will have the opportunity to:
- Gain Insightful Knowledge: Engage in contributory orations from esteemed women scientists who have made significant contributions to the field of medicine. Learn about their groundbreaking work and the impact it has had on healthcare.
- Participate in Key Panel Discussions: Delve into critical topics such as "Priority Issues of Women's Health in India and Tasks for NAMS" and "Issues and Challenges for Women Scientists and Clinicians."
- Network and Collaborate: Connect with like-minded peers, established professionals, and mentors. Foster valuable relationships and collaborations that can support your professional growth and contribute to your career development.



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### Registration

Registration charges (Offline) – Rs. 300/-Account details - Training Workshop and Conferences

Account Number: 6189000100077559

IFCS Code: **PUNB0618900** 

### Registration is mandatory



Register by scanning QR Code

https://forms.gle/DsGhEwK74g4NQYbN7



**Link to join WhatsApp group** 

https://chat.whatsapp.com/ BlwkGMyswE87Iz7ZJUUHLK



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Prof (Dr.) Digambar Behera
President Elect NAMS
Prof, Pulmonary Medicine, PGI Chandigarh



Sadhvi Bhagwati Saraswati Ji Chief Guest



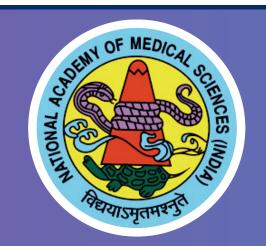
Prof (Dr.) Meenu Singh
Executive Director & CEO, AllMS Rishikesh
Organizing Chairperson & State Convenor NAMS



Prof (Dr.) Umesh Kapil Secretary NAMS



Prof (Dr.) Jaya Chaturvedi Dean Academics, AIIMS Rishikesh



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### SCIENTIFIC ADVISORS



Prof (Dr.) Shalini Rajaram



Prof (Dr.) Vartika Saxena



Prof (Dr.) Shalinee Rao

### ORGANIZING SECRETARY



Dr. Vandana Dhingra



Dr. Bhavna Gupta

### ORGANIZING TEAM MEMBERS



Prof. Ajai Aggarwal



Dr Pankaj Sharma



Dr Madhu Priya



Dr Pradeep Aggarwal



**Dr Poonam Sherwani** 



**Dr Anish Gupta** 



Dr Osama N



Dr Prateek Panda



## National Conference on recognition of Women Scientists in Medicine "Women in Medicine: Pioneers of Change"



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### INAUGURAL SESSION

Time	Topic	Speaker/Responsible Person	
	Inauguration		
09:30-09:34 AM	Escort all VIPs to front row in the auditorium	Nodal Persons - Volunteers	
09:35-09:36AM	Announcement of start of proceedings		
09:37-09:38 AM	Request dignitaries to come up to dais		
09:39-09:41 AM	Vande Matram	Plays in the background	
09:42-09:45 AM	Lamp Lighting ceremony and Saraswati Vandana	Dignitaries and Performers	
09:45-09:45 AM	Welcome of Dignitaries	Prof Meenu Singh & Dr Jaya Chaturvedi	
09:45-09:47 AM	Introduction of Organising chairperson	Comperer	
09:47-10:03AM	Welcome address	Prof. (Dr.) Meenu Singh	
10:03-10:05 AM	Introduction of Guest of Honour	Dr Bhavna Gupta	
10:05-10:15 AM	Keynote address	Prof (Dr.) Digambar Behra	
10:15-10:18 AM	Introduction of Chief Guest	Dr. Vandana Dhingra	
10:18-10:30 AM	Chief Guest Address	Sadhvi Bhagwati Saraswati Ji	
10:30-10:35 AM	Vote of thanks	Organizing Secretary	
10:35-11:00 AM	High Tea		

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(An autonomous organization under the Ministry of Health and Family Welfare (MOHFW), Gol)
Venue: Main Auditorium, All India Institute of Medical Sciences Rishikesh



### National Conference on recognition of Women Scientists in Medicine





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### PROGRAM SCHEDULE

11:00 AM	Oration and Contributions by Women Scientists in Medicine	Chairpersons	
11:00-11:30 AM	<b>1st Oration:</b> NAMS outstanding Women Scientists who have contributed in field of Medicine during 2023	Prof (Dr.) D Behera Prof (Dr.) Jaya Chaturvedi	
11:31- 12:00 Noon	<b>2nd Oration:</b> NAMS outstanding Women Scientists who have contributed in field of Medicine during 2023	Prof (Dr.) Meenu Singh Prof (Dr.) Sanjeev Mittal	
12:01-12:30 PM	<b>3rd Oration:</b> NAMS outstanding Women Scientists who have contributed in field of Medicine during 2023	Prof. (Dr.) Ashok Deorari Prof. (Dr) S S Handu	
12:31 PM-01:15 PM	Panel Discussion: Priority issues of Women's Health in India and Tasks for NAMS	Chairperson: Prof (Dr.) Meenu Singh Moderator: Dr Rajlaxmi Panelists: Prof Vartika Saxena, Prof Sunita Mittal, Prof Shalini Rajaram, Dr Rashmi, Dr Madhu Priya, Prof Ajai Aggarwal	
01:15-02:00 PM	Lunch		
02:00-02:50PM	Debate Should Doctors marry a doctor?	MBBS/PG residents/SRs/Faculty (AIIMS)	
02:50-03:15 PM	Keynote Lecture	Swami ji, Auroville Ashram, Raiwala	
03:15-04:00 PM	Panel Discussion: Issues & challenges for Grooming Women Scientists and Clinicians	Chairperson: Prof (Dr.) Patil & Porf (Dr.) Manu Malhotra Moderator: Dr Poorvi K Panelists: Prof Shalinee Rao, Dr Manisa Pattanayak, Prof Anupama Bahadur, Dr Pankaj Sharma, Dr Prateek Panda, Dr Divya Gupta	
04:00 PM	Valedictory function		
04:00-04:02 PM	Welcome Address	Dr Bhavna Gupta	
04:02-04:07 PM	Brief Workshop report	Dr Vandana Dhingra	
04:07-04:12 PM	Feedback from participants	Participants	
04:12-04:17 PM	Address by Organising Chairperson	Prof Dr Meenu Singh	
04:17-04:22 PM	Certificates Distribution	Dignitaries	
04:22-04:32 PM	Address by Guest of honour	Prof Digamber Behera	
04:32-04:40 PM	Vote of thanks	Prof (Dr) Umesh Kapil, Honorary Secretary NAMS	
04:40-04:42 PM	National Anthem	Background	



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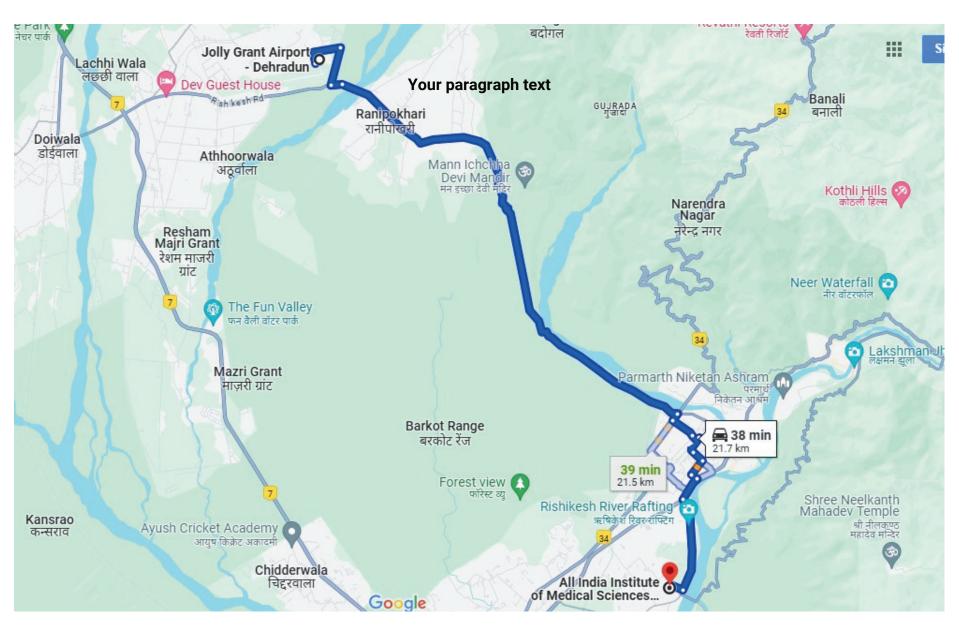
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### HOW TO REACH

**By flight:** As Rishikesh does not have an airport, you can fly to the nearest airport - **Jolly Grant Airport Dehradun**, just 18 km from Rishikesh. Dehradun's Jolly Grant Airport has daily flights from Delhi and other cities and airlines such as Air India, Vistara, Spice Jet and IndiGo fly here regularly. Taxis and cabs ply between these two places.

**By Rail / Road:** Alternately, you can take a train to the Rishikesh Railway Station. Buses are also available to Rishikesh from Delhi and other cities/towns in

Uttarakhand.



From Jolly Grant Airport - Dehradun to All India Institute of Medical Sciences, Rishikesh, Shivaji Nagar, Rishikesh, Uttarakhand 249203

38 min (21.7 km) via Rishikesh Rd

Start: Jolly Grant Airport - Dehradun Airport Rd, Jauligrant, Uttarakhand 248143

- 1. Take Airport Rd to Dehradun-Rishikesh Rd/Rishikesh Rd 5 min (2.1 km)
- 2. Follow Rishikesh Rd to Ashutosh Nagar, Rishikesh 19 min (13.9 km)
- 3. Take Railway Station Rd and Hira Lal Marg to NH 7 7 min (2.3 km)
- 4. Drive from Virbhadra Rd to Veerbhadra 6 min (3.0 km)
- 5. Drive to your destination in Shivaji Nagar 1 min (400 m)

**Destination**: All India Institute of Medical Sciences, Rishikesh





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### BY AIR

DEPARTURE TIME	FLIGHT	FROM	AIRLINE
8:00 AM	6E568	Ahmedabad (AMD)	IndiGo
8:45 AM	91649	Delhi (DEL)	Alliance Air
9:40 AM	6E2018	Delhi (DEL)	IndiGo
9:40 AM	91801	Kullu (KUU)	Alliance Air
10:35 AM	6E7274	Jaipur (JAI)	IndiGo
11:00 AM	6E5239	Mumbai (BOM)	IndiGo
11:25 AM	6E422	Hyderabad (HYD)	IndiGo
12:15 PM	91650	Amritsar (ATQ)	Alliance Air
1:50 PM	6E7927	Allahabad (IXD)	IndiGo
2:20 PM	UK619	Mumbai (BOM)	Vistara
2:45 PM	UK617	Delhi (DEL)	Vistara
3:00 PM	UK615	Bengaluru (BLR)	Vistara
3:50 PM	6E515	Lucknow (LKO)	IndiGo
4:10 PM	6E2135	Delhi (DEL)	IndiGo
5:25 PM	6E852	Bengaluru (BLR)	IndiGo
5:35 PM	6E6146	Mumbai (BOM)	IndiGo
5:45 PM	6E2291	Delhi (DEL)	IndiGo
6:55 PM	6E7468	Jaipur (JAI)	IndiGo
7:30 PM	6E5046	Delhi (DEL)	IndiGo

\* All times are in local timezone

Disclaimer: The information provided on this page is a compilation of data from many different sources including flight scheduling systems, airline booking systems, airports, airlines and other third-party data providers. The data is provided as is, there are no guarantees that the information is fully correct or up to date. Changes and errors may occur. Therefore Flightradar24 cannot be held liable either for the accuracy of the information or for ensuring that the information is up to date at all times. Some of the flights presented may be charter, cargo, ambulance or other types of flights not available for passenger travel.



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### ACCOMMODATION

Rishikesh is known as the "Gateway to the Garhwal Himalayas" and "Yoga Capital of the World". The city attracts tourists from all over the world. Rishikesh has a variety of options for accommodation which caters to different budgets and preferences.

Hotels	Distance from AIIMS R	Contact No.
Hotel Comfort Inn	5.7 km	8171957799
Hotel Indira Nikunj	6.2 km	8171957799
Reveries Luxury Hotel	8.1 km	7900307777
Devine Resort	8.5 km	7900307777
Club 99	1.6 km	9456538518
Holy Water Hotel	1.7 km	9456538518
Hotel Ganga Ashoka	1.8 km	9456538518
Hotel JSR Residency	2 km	9456538518
The 7 Seas Rishikesh	2.1 km	9456538518
Montreal Rishikesh	2.3 km	9456538518
Hotel Madhuban Inn	2.6 km	9456538518
Ganga Orbit	2.6 km	9456538518
The Neeraj Palace	2.7 km	9456538518
Hotel Pushpkunj	3.3 km	9456538518
Divine residency	3.8 km	9456538518



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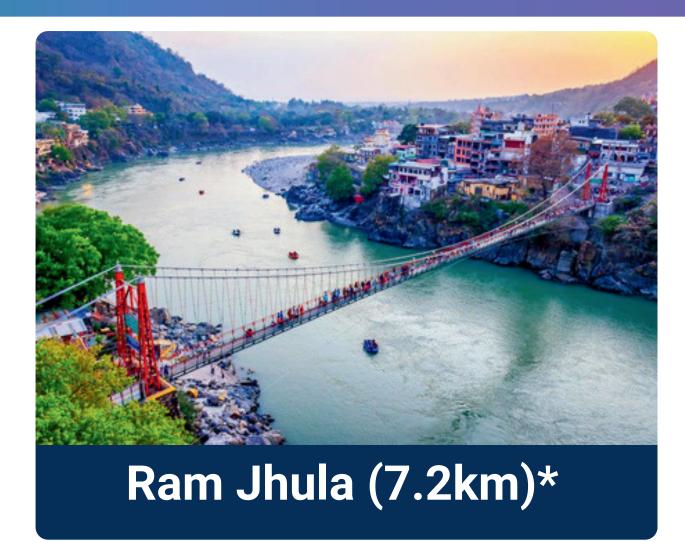


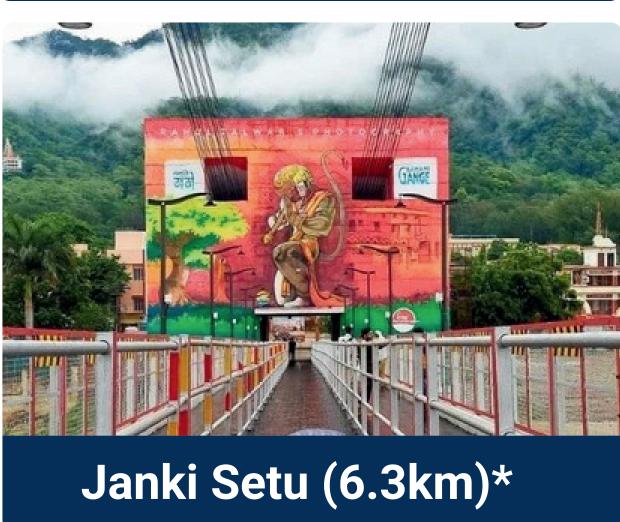
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### RISHIKESH

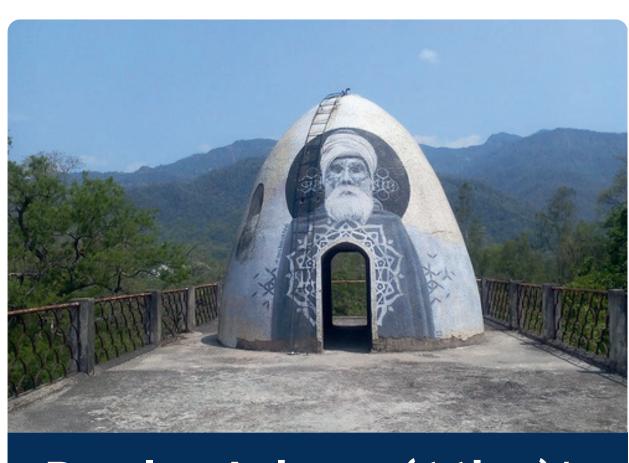


Ganga Aarti (5.1km)\*









Beatles Ashram (11km)\*





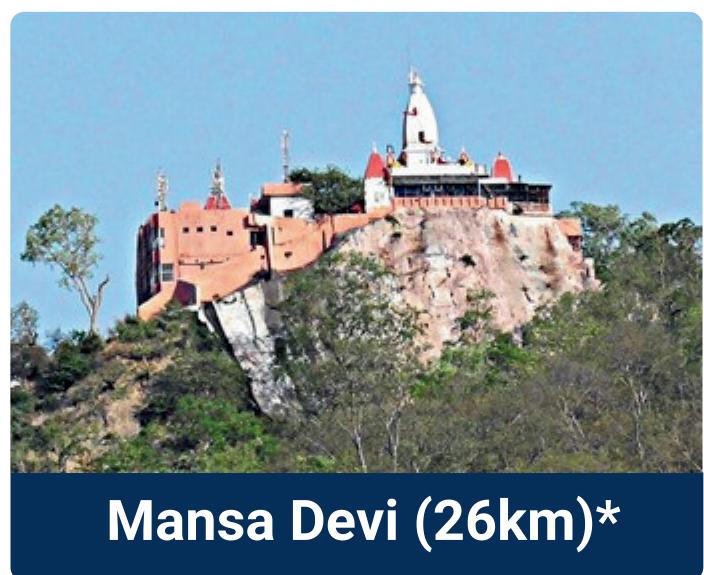
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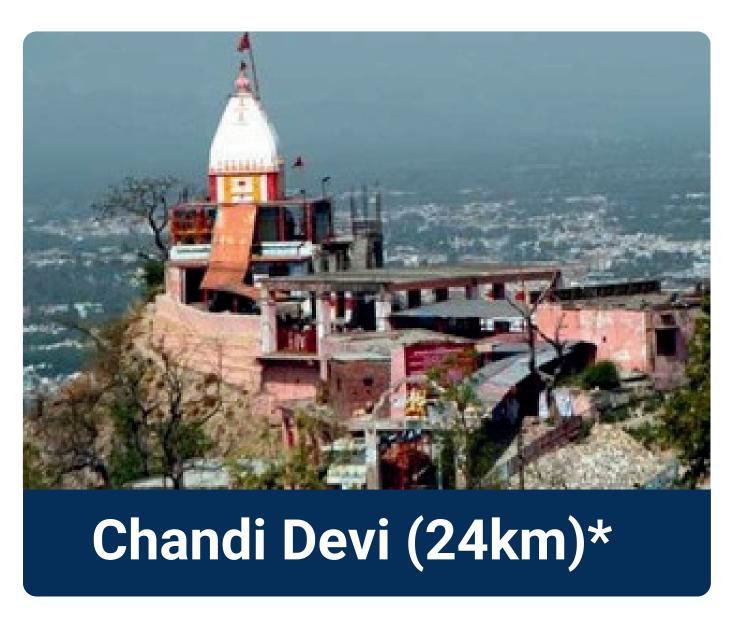


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### HARIDWAR











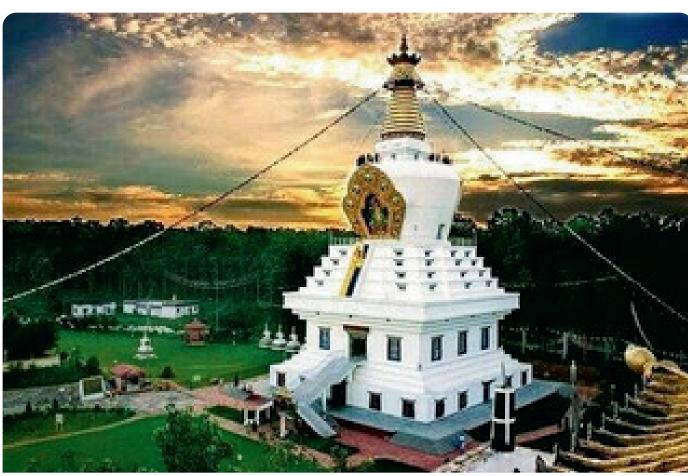
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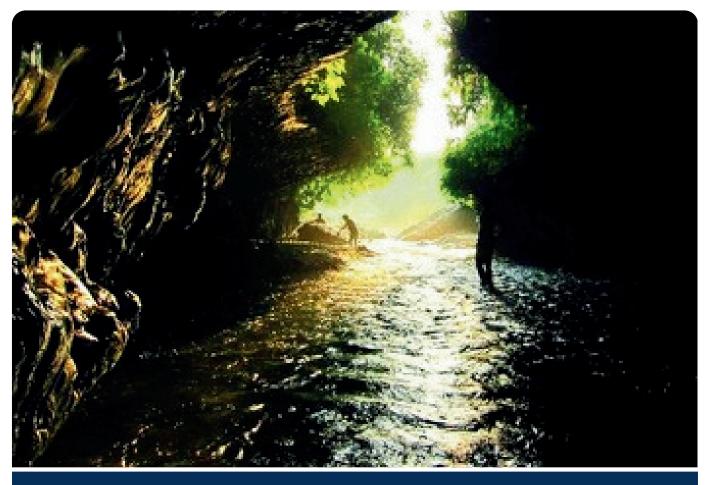
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### DEHRADUN

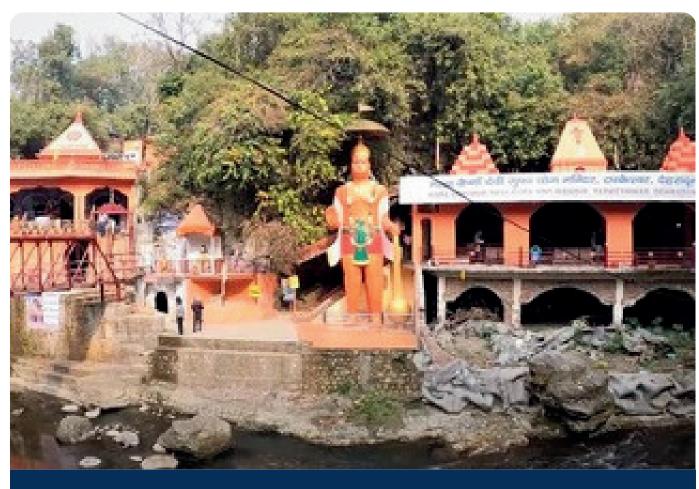




Buddha Temple (52km)\*



Robbers Cave (53km)\*



Tapkeshwar (52km)\*

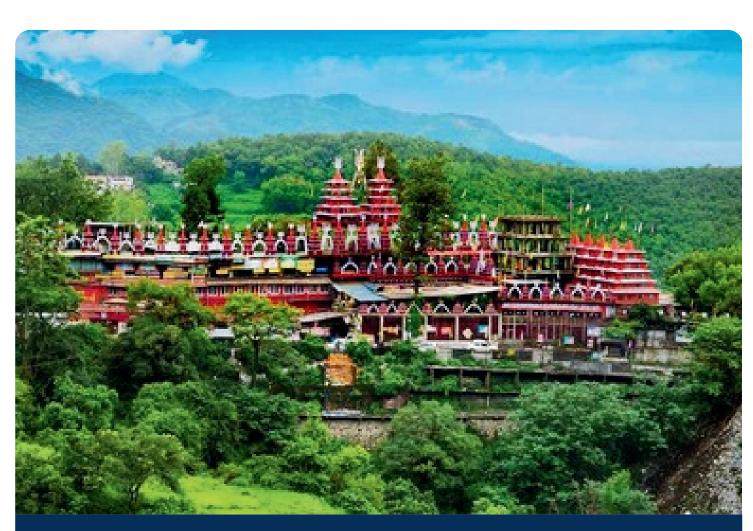


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### MUSSOCRIE



Shiv Temple (80km)\*



Dhanaulti (71km)\*



Kempty Falls (92km)\*



Company Garden(80km)\*